

The Loving Parent Guidebook Subcommittee is aware of the following LPG-related meetings at this time. To support group safety we do not list meeting IDs, links, or passwords. Please use the meeting search at www.adultchildren.org for contact information and for the most updated information.

Mondays

3:00-4:00 p.m. Eastern Time.

Reparenting Check-in Meeting

Tuesdays

3:00pm-3:15pm Eastern Time.

Reparenting Check-in Meeting

Wednesdays

3:00pm-3:15pm Eastern Time.

Reparenting Check-in Meeting

Opens 5 minutes early for newcomer questions and closes promptly at 3:15pm. Guided practice with the first three steps of the check-in in silence. The Last step is done aloud by those who wish.

Thursdays (1st Thursday of the Month)

2:00pm-3:30pm Eastern Time.

Reparenting Check in and Big Red Book Chapter 8 & future Loving Parent Guidebook Book Study

Thursdays

3:00-4:00pm Eastern Time.

Reparenting Check-in Meeting

Silent guided format of the reparenting check-in with 3 minute shares after.

Fridays

12:00-1:00pm Pacific Time.

There Is A Solution

Meeting Format: 1) speaker share on reparenting; 2) 15 minute reparenting practice; and 3) members share on reparenting

Saturdays

2:00pm-3:30pm Pacific Time

ACA Loving Parent Guidebook Meeting

In-Person. Dana Point, California

Please let us know of any new LPG-related meetings that are open to the public by using The Loving Parent Guidebook Subcommittee contact form, accessible on the LPG bonus resources page.